

Immediate Life Support Provider Course

2015

Programme

Registration Faculty Meeting	15 minutes
Introduction	15 minutes
Skill Station 1 High Quality Chest Compression & Defibrillation	40 minutes
Skill Station 2 The Deteriorating Patient incl. Demo	40 minutes
Skill Station 3 Handling the Airway & Intraosseous Access	40 minutes
Lecture: The ALS algorithm incl. Non-Technical skills	30 minutes
CAST Demo	20 minutes
Skill station 4 Basic Life Support 40 minutes Targeted Training 40 minutes	80 minutes
CASTeach 1 Shockable Rhythms	45 minutes
CASTeach 2 Non-Shockable Rhythms	45 minutes
CASTeach 3 Decision Making	20 minutes
CASTeach 4 Post Resuscitation Care	20 minutes
Summary and Debriefing	10 minutes
Total time excluding refreshment break & lunch	420 minutes
Total time	495 minutes

Abbreviations

ABCDE	A Airway B Breathing C Circulation D Disability E Exposure
ABG	Arterial blood gas
AED	automated defibrillator
AF	Atrial fibrillation
ALS	Advanced life support
BP	Blood pressure
CAS	cardiac arrest simulation
CPR	cardiopulmonary resuscitation
CRT	Capillary refill time
ECG	Electrocardiography
P	Pulse
PEA	Pulseless electrical activity
ROSC	Return of spontaneous circulation
RR	Respiratory Rate
RSVP	Reasons, Story, Vital signs, Plan
SBAR	Situation, Background, Assessment, Recommendation
SR	Sinus rhythm
STach	Sinus tachycardia
TL	Team Leader
TM	Team Member
VF	Ventricular fibrillation